

Category Results

| | Place | Name | Team | Bib No | Overall Pos | Gun Time |
|----------------|-------|-------------------|------------------------------|--------|-------------|-----------|
| Female Winners | 1 | Tina Oldershaw | Paddock Wood AC | 616 | 10 | 1:21:44.9 |
| | 2 | Maria Heslop | Paddock Wood AC | 549 | 11 | 1:22:23.2 |
| | 3 | Clare Mullenger | Wimbledon Windmilers | 240 | 32 | 1:29:35.1 |
| FV35 | 1 | Sarah Gruber | | 299 | 37 | 1:29:55.1 |
| | 2 | Abi Johnson | Larkfield AC | 514 | 82 | 1:36:09.5 |
| | 3 | Natasha Swan | Seaford Striders | 26 | 112 | 1:38:58.2 |
| FV45 | 1 | Christine Costiff | South London Harriers | 228 | 45 | 1:31:22.6 |
| | 2 | Kim Howes | Larkfield AC | 224 | 60 | 1:33:45.8 |
| | 3 | Tara Taylor | Tunbridge Wells Harriers | 406 | 71 | 1:34:40.0 |
| FV55 | 1 | Alison Jelly | Folkestone Running Club | 443 | 445 | 2:02:16.0 |
| | 2 | Jane Bright | Larkfield AC | 618 | 458 | 2:04:12.6 |
| | 3 | Maureen Lusted | | 444 | 500 | 2:11:42.7 |
| Male Winners | 1 | Stephan Wenk | Maidstone Harriers | 535 | 1 | 1:09:42.8 |
| | 2 | Tom Collins | Medway & Maidstone AC | 611 | 2 | 1:11:27.9 |
| | 3 | Antony Pinol | | 651 | 3 | 1:14:15.4 |
| MV40 | 1 | Gareth Davies | | 9 | 5 | 1:15:30.0 |
| | 2 | Noel Sutton | Thanet Roadrunners AC | 186 | 9 | 1:17:18.6 |
| | 3 | Piotr Lazarewicz | | 571 | 12 | 1:22:50.1 |
| MV50 | 1 | Steve Russell | | 264 | 22 | 1:27:01.2 |
| | 2 | Gerard McCann | | 495 | 35 | 1:29:46.6 |
| | 3 | Steve Billington | | 283 | 57 | 1:33:22.4 |
| MV60 | 1 | Peter Worsley | | 451 | 107 | 1:38:31.3 |
| | 2 | David Morris | Larkfield AC | 529 | 152 | 1:41:52.2 |
| | 3 | Tony Rea | Dragons Running Club (Leeds) | 542 | 157 | 1:42:09.0 |