

LADIES - The top four ladies in each team count from each race for the team standings. **Best 8 races for the season count.**

| Pos | FEMALE TEAMS | Canterb 10M | Tunbridge Wells 1/2M | Dartford 1/2m | Folkestone 10M | Staplehurst 10k | North Downs Run 30k | Deal Dinosaur 10k | Kent Coastal Marathon | Tonbridge 1/2m | Ashford 10k | TOTAL |
|-----|--------------------------|-------------|----------------------|---------------|----------------|-----------------|---------------------|-------------------|-----------------------|----------------|-------------|-------|
| 1 | Dartford Road Runners | 135 | 124 | 170 | 66 | 137 | 148 | 41 | 47 | 143 | 0 | 970 |
| 2 | Paddock Wood AC | 174 | 187 | 0 | 147 | 181 | 47 | 0 | 0 | 143 | 48 | 927 |
| 3 | Orpington Road Runners | 56 | 100 | 99 | 117 | 50 | 51 | 160 | 132 | 123 | 134 | 921 |
| 4 | Maidstone Harriers | 57 | 108 | 141 | 139 | 118 | 75 | 160 | 0 | 81 | 79 | 901 |
| 5 | Tunbridge Wells Harriers | 30 | 97 | 0 | 154 | 132 | 45 | 173 | 48 | 149 | 92 | 890 |
| 6 | Canterbury Harriers | 30 | 0 | 0 | 62 | 73 | 42 | 47 | 50 | 0 | 180 | 484 |
| 7 | Petts Wood Runners | 68 | 153 | 43 | 0 | 0 | 0 | 0 | 0 | 139 | 0 | 403 |
| 8 | Sittingbourne Striders | 51 | 0 | 27 | 35 | 30 | 128 | 0 | 49 | 0 | 40 | 360 |
| 9 | Kent AC | 119 | 42 | 0 | 0 | 0 | 145 | 0 | 41 | 0 | 0 | 347 |
| 10 | Thanet RR | 9 | 0 | 35 | 51 | 59 | 0 | 124 | 0 | 26 | 30 | 334 |
| 11 | Folkestone RC | 36 | 26 | 0 | 144 | 0 | 0 | 0 | 0 | 0 | 119 | 325 |
| 12 | Tonbridge AC | 0 | 29 | 44 | 0 | 138 | 0 | 0 | 0 | 78 | 0 | 289 |
| 13 | Larkfield AC | 41 | 14 | 0 | 47 | 11 | 99 | 33 | 0 | 3 | 22 | 270 |
| 14 | Deal Triathlon Club | 72 | 0 | 0 | 0 | 0 | 0 | 76 | 0 | 0 | 121 | 269 |
| 15 | Dulwich Runners AC | 20 | 0 | 184 | 0 | 0 | 48 | 0 | 0 | 0 | 0 | 252 |
| 16 | Sevenoaks AC | 0 | 9 | 0 | 16 | 27 | 30 | 0 | 0 | 137 | 22 | 241 |
| 17 | Istead & Ifield Harriers | 10 | 0 | 49 | 68 | 25 | 0 | 51 | 0 | 0 | 37 | 240 |
| 18 | Blackheath & Bromley | 69 | 85 | 37 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 191 |
| 19 | Ashford & District RR | 11 | 0 | 0 | 0 | 45 | 57 | 0 | 0 | 0 | 73 | 186 |
| 20 | Dartford Harriers AC | 35 | 10 | 36 | 44 | 32 | 21 | 0 | 0 | 0 | 0 | 178 |
| 21 | Rebel Runners Medway | 17 | 0 | 0 | 0 | 0 | 0 | 111 | 43 | 0 | 5 | 176 |
| 22 | Invicta East Kent AC | 50 | 45 | 0 | 0 | 33 | 0 | 0 | 0 | 0 | 0 | 128 |
| 23 | Bromley Veterans AC | 0 | 0 | 0 | 0 | 0 | 34 | 0 | 45 | 34 | 0 | 113 |
| 24 | South Kent Harriers | 0 | 0 | 0 | 13 | 0 | 0 | 36 | 0 | 0 | 42 | 91 |
| 25 | Cambridge Harriers | 25 | 25 | 0 | 41 | 0 | 0 | 0 | 0 | 0 | 0 | 91 |
| 26 | Beckenham RC | 38 | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 72 |
| 27 | Plumstead Runners | 5 | 0 | 0 | 0 | 0 | 64 | 0 | 0 | 0 | 0 | 69 |
| 28 | So Let's Go Running | 0 | 0 | 69 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 69 |
| 29 | Greenwich Tritons TC | 30 | 0 | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 60 |
| 30 | Gravesend RR & AC | 0 | 0 | 26 | 0 | 0 | 8 | 0 | 0 | 21 | 0 | 55 |
| 31 | New Eltham Joggers | 0 | 0 | 23 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 50 |
| 32 | Medway & Maidstone AC | 0 | 0 | 0 | 0 | 0 | 44 | 0 | 0 | 0 | 0 | 44 |
| 33 | Ashford AC | 0 | 0 | 0 | 24 | 0 | 0 | 0 | 0 | 0 | 0 | 24 |
| 34 | Medway Triathlon Club | 0 | 0 | 15 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 18 |